

Prayers and Practices to Master Grades 6-8

In addition to K-2 and 3-5 Prayers and Practices

Precepts of the Church

- You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
- You shall confess your sins at least once a year.
- You shall receive the sacrament of Eucharist at least during the Easter season.
- You shall observe the days of fasting and abstinence established by the Church.
- You shall help to provide the needs of the Church.

Theological Virtues

The theological virtues are gifts of grace from God, and the object of the virtues is God Himself. The three theological virtues are faith, hope, and charity (or love).

Cardinal Virtues

The four cardinal virtues are the primary moral virtues that can be practiced by anyone. These include prudence, justice, fortitude, and temperance.

Works of Mercy

The Corporal and Spiritual Works of Mercy are actions we can perform that extend God's compassion and mercy to those in need.

Corporal Works of Mercy

- Feed the hungry
- Shelter the homeless
- Clothe the naked
- Visit the sick and imprisoned
- Bury the dead
- Give alms to the poor

Spiritual Works of Mercy

- Instruct
- Advise
- Console
- Comfort
- Forgive
- Bear wrongs patiently

The Beatitudes

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are the meek, for they shall possess the earth.
3. Blessed are they who mourn, for they shall be comforted.
4. Blessed are they who hunger and thirst for justice, for they shall be satisfied.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the clean of heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called children of God.
8. Blessed are they who suffer persecution for justice' sake, for theirs is the kingdom of heaven.